

**THE WORLD  
OF  
FAMILY  
CAREGIVING**  
Sponsored by the  
**Arapahoe County  
Council on Aging**

**TUESDAY  
FEBRUARY 2, 2010  
ARAPAHOE COUNTY'S  
COMMUNITY RESOURCES  
FOR SENIORS**

LINDA HALEY, Division Manager  
Overview of resources & services  
MASON FINKS, Dir. of Consumer  
Protection, 18<sup>th</sup> Judicial Dist.  
Preventing identity theft & fraud

**TUESDAY  
FEBRUARY 9, 2010  
MEDICARE –**

WILLIAM B. KISTLER, MBA  
Supervisor, Health Passport Links  
What you need to know  
before and after Medicare  
enrollment

**TUESDAY  
FEBRUARY 16, 2010  
MEDICAL TEAM**

DIVISION OF GERIATRIC MEDICINE,  
UNIVERSITY OF COLORADO  
KERRY HILDRETH, MD 6:30p  
The importance of geriatric medicine  
PATRICIA SCHULOF, LCSW 7:00p  
When seniors are hospitalized  
CATHERINE JANKOWSKI, PhD 7:30p  
Maintaining health with exercise  
JANE QUICK, ANP, MHS 8:00p  
Interactions of medications

**TUESDAY  
MARCH 2, 2010  
NEXT STEPS - PANEL  
TO STAY AT HOME OR NOT TO STAY  
AT HOME**

MAUREEN ROBINSON, MA, CCC/SLP  
Chair, Commission on Aging,  
Home Care  
MARCIA HELFANT, MA, MSS  
Affordable Senior Housing  
LAURA MOORE, Independent,  
Assisted Living and Memory Care

**TUESDAY  
FEBRUARY 23, 2010  
MAKING MEDICAL  
DECISIONS**

BETH MITCHELL,  
Elder Law Attorney  
Clarifying legal authority of  
Medical Powers of Attorney,  
HIPAA, and the Health Care  
Proxy Decision Makers Act, &  
Guardianship

**WHAT YOU NEED TO KNOW FROM EXPERTS WHO CARE ABOUT YOU**

**Where: AURORA CENTER FOR ACTIVE ADULTS**

**30 Del Mar Circle, Aurora**

**(6<sup>TH</sup> Avenue near Peoria St. Please check Mapquest)**

**TIME: 6:30 PM – 8:30PM all five Tuesdays**

**FEE: \$25.00 payable to Arapahoe County Council on Aging (ACCOA)**

This fee will be refunded to anyone who attends all 5 programs.

**REGISTRATION is necessary: Call 303- 273-2855 or email ACCOA@comcast.net**

**Make checks payable to: ACCOA, P.O Box 882 Littleton, Colorado 80126**

For more information call Barbara Borkan, MA 720-937-4130