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Health Dimensions Group Appoints Mary Nell Zellner as Senior Vice President of Consulting

Minneapolis, MN, January 4, 2010 - Health Dimensions Group (HDG), one of the nation's leading health care management and consulting firms, is pleased to announce the appointment of Mary Nell Zellner as senior vice president of consulting, effective January 1.

Zellner will lead and manage the firm's consulting practice and assist HDG in meeting the organization's overall strategic initiatives. With more than 20 years of experience in the senior health care industry, Zellner brings a wealth of knowledge and expertise in both consulting and management.



Zellner joined HDG in January 2008 as vice president of operational services, providing operational management, strategic planning, and business development. Prior to joining HDG, she was a director of a Midwest-based long-term care consulting and management company.

"I'm excited that Mary Nell has accepted our offer to oversee our consulting practice," said Craig Abbott, HDG CEO. "Mary Nell's background, experience, and leadership abilities will provide management and direction-setting for the consulting practice and help us to realize our overall strategic goals."

Zellner earned a bachelor's degree in business and English from the University of Wisconsin-Madison. She is a licensed nursing home administrator and a licensed social worker in the State of Minnesota.

"I'm honored to be a part of the Health Dimensions Group team," Zellner said. "I'm looking forward to leading the consulting practice and continuing to grow our presence as a national consulting firm."

About Health Dimensions Group

HDG is headquartered in Minneapolis and also operates out of Union, NJ. The organization serves the needs of hospitals, health systems, long-term care, and senior living providers across the nation. HDG's consulting experience includes work with more than 400 clients in all 50 states. HDG also manages 26 health care properties: nine in New Jersey, seven in Wisconsin, five in Minnesota, two in Colorado, two in Iowa, and one in Washington State.

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